

Sample- Recovery Residences Medication Handling Policy

While living in _____ sober home residents are permitted to take certain medications under the supervision of a qualified medical doctor. Residents are expected to follow all doctors' orders for self-care and medication dosing. Intentional improper dosing or unauthorized use of medication will result in discharge from the residence.

The following are medication handling guidelines:

1. Residents may not take any mood altering medications (e.g. opiate-based medications, benzodiazepines, barbiturates, sedatives-hypnotics, sleeping pills, diet pills). See attached for a full list of prohibited medication at Recovery Residences.
2. In rare instances, a resident may have a medical procedure or pain that requires brief use of medications that are considered mood altering. Residents must immediately notify The Recovery Residence Manager and provide documentation from a medical doctor stating the necessity of the medication. The Recovery Residence Manager and/or Owner/Operator must approve the use of this medication. Medications will be stored in a locked box or held by an approved third party outside of the residence.
3. Residents must inform the Recovery Residence management of any prescriptions and/or medications before moving into the residence and any prescriptions and/or medications received while residing in the residence. Failure to do so can result in discharge from the residence.
4. All prescribed medications must have a label with the resident's name from the pharmacy where the medication was obtained.
5. Residents may only take over the counter medications approved by The Recovery Residence Manger/Director.
6. MAT (Medication-Assisted Treatment) in the form of Naltrexone (Vivitrol, Revia and Depade) are permitted in The Recovery Residences.
7. Residents taking prescribed medication must be able to self-administer the medication. If a resident is unable to do so, they will be referred to a higher level of care to meet their needs.
8. Residents taking prescribed medication are responsible for the proper dosage of the medication. All prescription and over-the-counter medication must be kept with the residents' personal belongings in their room.
9. If a deviation from the prescribed medication dosage is reported, The Recovery Residence Manager will investigate and determine appropriate action. Deliberate deviation of the prescribed dosage will result in discharge from the residence.
10. Residents wishing to discontinue taking a prescribed medication(s) must consult with a medical doctor.