

Sample- Recovery Residences Relapse Policy

The Recovery Residence Manager will be notified immediately of any concern or question a resident is impaired.

If a resident is found to have used a mood-altering chemical including alcohol, they will be immediately discharged to a higher level of care. The resident will not receive a refund of their sober house deposit, however, they are entitled to the pro-rated portion of their paid-shared living expenses.

The following procedures will be immediately implemented for any resident reported to be impaired:

- 1) The Retreat Residence Manager notified of the possible impairment will assess the following of the resident in question:
 - a) Is the resident's behavior erratic or uncharacteristic?
 - b) Does the resident have slurred speech or unsteady gait?
 - c) Are the resident's pupils dilated or constricted and/or eyes bloodshot?
 - d) Does the resident have an odor of alcohol or another substance?
 - e) If the resident is incapacitated and/or behavior is a danger to themselves or others, The Retreat Residence Manager will call 911. The Retreat Director of Sober Living will then be immediately notified.
- 2) The Retreat Residence Manager will ask the resident in question if they used a substance and/or consumed alcohol. A urine analysis and Breathalyzer will then be administered.
- 3) If the resident tests negative for intoxicating substances and alcohol, a house meeting will be called to discuss the behavior that lead to the concern.
 - a) If the resident is visibly impaired, even with a negative screen, The Retreat Residence Manager and Director of Sober Living can determine the resident to be impaired and discharge the resident to a higher level of care.
- 4) If the resident tests positive for intoxicating substances and/or alcohol they are immediately discharged from the residence to a higher level of care.
- 5) Once the resident is deemed to be impaired the emergency contact is notified to assist in the transition to a higher level of care. The plan is clearly communicated with the emergency contact. The manager will provide transportation to the higher level of care. Options are in the following order:
 - a) Detox/Treatment Center/Recovery Program
 - b) Family Member or Friend
 - c) Hotel/Motel
 - d) Shelter

- 6) The impaired resident with the assistance of the emergency contact will be offered all available resources and encouraged to contact The Retreat Residential Program to complete a pre-registration.
 - a) Do not guarantee the resident a length of stay or admission into The Retreat Residential Program. The Residential Program staff will determine if it is the appropriate level of care.
- 7) A room search will then be completed by The Recovery Residence Manager to ensure no illegal or dangerous substances have been brought into the residence.
- 8) The Recovery Residence Manager will document the incident and send the report to the Sober Living owner/operator.
- 9) If the resident completes the recommended higher level(s) of care, the resident may be eligible to re-interview at the Recovery Residence.